



*Everyone can use an Edge...*

## ● 30 Minute Workout Package for Women



- A complete solution for your new business
- Improved retention and more referrals
- Anatomically correct and calibrated for Women for faster results
- 16, 20 or 24 station packages to fit your Gym and budget
- All important core strength training exercises
- Worry free, tried and tested exercise regimens
- Backed by the industry's best warranty
- 20 years experience
- Stay ahead of the pack with the best possible customer experience

Edge Fitness Hydrafit Mfg Inc

495 St-Rene Est,  
Gatineau,  
Qc  
J8P8A5

Toll Free: +1 866 882 3343  
E-mail: [info@edgefitnessmfg.com](mailto:info@edgefitnessmfg.com)  
<http://www.edgefitnessmfg.com>



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# ● 16 Station Package



Package comprises.....



1 X Leg Press

1 X Squat



1 x Upright Row

1 X Bicep/Tricep

1 x Lift Task



1 X Shoulder Press



1 X Abdominal/ Back



1 X Leg extension/ Curl



8 X Deluxe Springboard Recovery Stations

Workout cueing CD's and posters

Best warranty in the industry



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To order the HF-16stations package today visit:

[www.edgefitnessmfg.com](http://www.edgefitnessmfg.com)



# ● 20 Station Package

*Everyone can use an Edge...*

Package comprises.....

- 1 X Leg Press
- 1 X Squat
- 1 x Upright Row
- 1 X Bicep/Tricep
- 1 x Lift Task
- 1 X Shoulder Press
- 1 X Abdominal/ Back
- 1 X Leg extension/ Curl
- 1 X Chest Press \*
- 1 X Inner/Outer Thigh

10 X Deluxe Springboard Recovery Stations

Workout Queuing CD's and posters

Best warranty in the industry

\* bi-directional—also known as dual action provides positive resistance in both directions for double the exercise efficiency

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# 24 Station Package

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Package comprises.....

- 1 X Leg Press
- 1 X Squat
- 1 x Upright Row
- 1 X Bicep/Tricep
- 1 x Lift Task
- 1 X Shoulder Press
- 1 X Abdominal/ Back
- 1 X Leg extension/ Curl
- 1 X Chest Press \*
- 1 X Inner/Outer Thigh
- 1 X Glute
- 1 X Lower ab

10 X Deluxe Springboard Recovery Stations

Workout Queuing CD's and posters

Best warranty in the industry

\* bi-directional—also known as dual action provides positive resistance in both directions for double the exercise efficiency

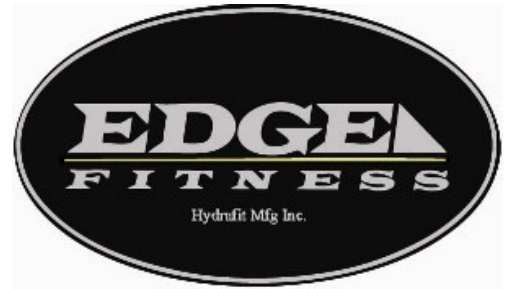
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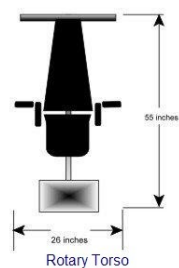
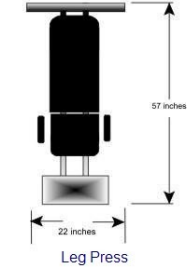
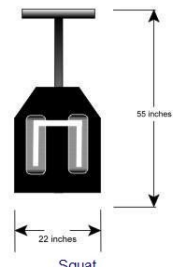
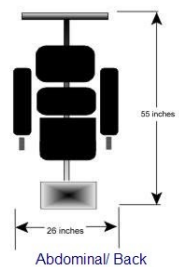
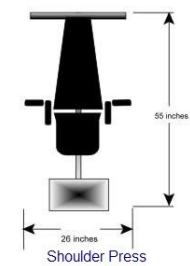
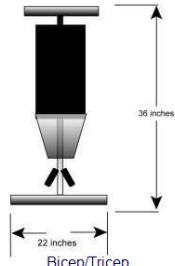
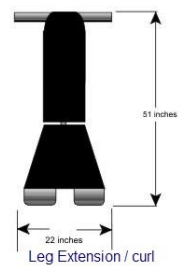
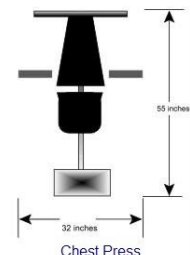
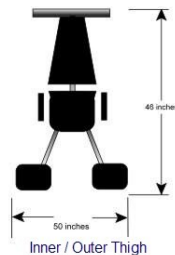
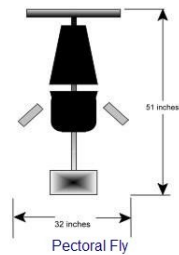
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## Plan Your Gym Layout

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All Edge machines are constructed to the highest quality standards using the highest quality materials:

Main Frame: 2" X 3" steel (1/8" wall )

Paint: Powder coated, white, baked at 500 degree for durability

Upholstery: Beige sanitary proof vinyl, 2" high density foam

Warranty: 5 Year structural ( [see website for details](http://www.edgefitnessmfg.com) )

E & O E

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## Ordering made Easy

- **Easy Selection** — simply select the package that fits your gym size or budget

Small Gym Package for Woman — product code HF-16station

8 deluxe machines plus 8 springboards

Medium Gym Package for Woman — product code HF-20station

10 deluxe machines plus 10 springboards

Large Gym package for Woman — product code HF-24station

12 deluxe machines plus 12 springboards

*Looking for co-ed, men's or kids? See website for co-ed, men's and kids packages*

- **Easy Quote** — Email [info@edgefitnessmfg.com](mailto:info@edgefitnessmfg.com) for competitive prices and specific delivery costs for your country, state or province. Or use our [online contact form](#) . Be sure to let us know which package you have chosen.
- **Easy Pay** — For your convenience, now accepting secure payment by Paypal (including major credit cards)
- **Easy Install** — Edge equipment is supplied ready assembled to enable you to get up and running faster.

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